



# MAKING MONEY WITH FUTURES

THE QUANTUM NAVIGATOR INDICATORS AND  
STRATEGY

*By Brian F Adams*

# The Background:

Some of you may wish to know just who I am and how I developed this trading method. I started trading stocks and stock options back during the dot.com bubble around 1996. Yea, many moons ago. I got caught up in it just like millions of others.

Mainly as a side business to a very lucrative career in Real Estate here in California. I was a RE Broker for over 35 years and retired from the biz in 2017. I had money to trade with and so I bought, read, & used just about any and all methods, indicators, systems, and whatever else was sold on the market in order to become a “financial wizard”. Man, what a wasted and costly learning curve. Most of it was useless. Hell, I even went to seminars held by “gurus” like Wade Cook and others at \$2,500 a pop but found little to no actual success. It took many years to become profitable daily, and be able to rely on that income.

OK, enough said about me and my background. Time to get into the meat of the Quantum Navigator System and why it works.



The market moves in mysterious ways. Well, no not really, it moves in what we call **waves**. People buy/sell which causes those waves throughout the day as traders take positions to either get in or out of a trade. The market over time always does go up and has since its inception, but there are also times of profit taking which causes the market to sell off. Since we can go long or short easily with futures, we are looking for those shifts in the waves. Peaks and valleys on the charts and the volatility within.

Once you start to see the waves, you can visually anticipate which direction the market may go. My indicators and strategy will have you

on the right side of the market most of the time thereby limiting your chances of losing trades but, things happen that effect the markets regularly, like a tweet from President Trump or a news event that may or may not go your way. Loses are not avoidable when trading!  
Learning to control the risk  
with good money management is.

## Discovery and Profitability:

I found the stock and options market itself to be too slow for my trading style, having to wait days, weeks, or months for outcomes. The futures market provides fast market moves and the ability to leverage my dollars into huge profits. Yes, I do enjoy a trip to Vegas regularly to satisfy my gambling urge, but I never use the markets to gamble with my money. Futures trading can break your bank account faster than even a Vegas casino if you are not careful and disciplined. They say 90% of traders' loss money. I say it's probably more like 98% will if not careful.

Successful trading is all about controlling your emotions and controlling your risk. Fear and Greed are the biggest problems most traders face so we need to control them when placing our trades. Profits come from winning trades but also from managing our risk.

You can be right only 50% of the time and still be highly profitable if you keep your winners making more than your losers. A winning trade of \$200 and a losing trade of \$100 leaves an overall profit of \$100.  
Simple math.

Fortunately for us, our winning trades will far exceed 60% and up to 70%+ on some days by using what I will teach & provide you here. Keeping our losses smaller than our wins will yield us insane profits

over time.

***It's not about how much you make, but how much you lose!***

Seems backwards, but it's not. Losses are what keep almost all traders from success. You will not blow-up accounts by managing smaller losses.

Big losses will kill your chances of being successful and destroy your well-being as well. You **MUST** have the discipline to cut the losers and wait for the next signal. One is coming just around the corner.

Learn to control your emotions. Yes, easier said than done I know. It's a lifelong journey to stop wanting to always be right and holding your losers far too long. You must learn to cut them quickly and not go into a "hope" mode. I hear traders all the time saying "it's going to rebound or it will come back". Don't be that trader.

The other main lesson to learn is to sit on your hands and be patient! Don't ever get into trades early as they tend to many times not work out as you might like. Patience is key! There are lots of trades every day, week and month so wait for them to materialize.

## **The Quantum Navigator Strategy Overview:**

**(see tutorial videos for installation/setup/trading tips)**

- 1) You will need to install the indicators/strategy on the Trading View platform. If you don't have a Trading View account, sign up for one and you can go with the free version, but really you should have an upgraded package for multiple charting capabilities. The first or second paid levels are not that expensive and if you want to be a professional trader, don't cut cost corners. You must have a solid charting platform as a tool for doing this as a business.
- 2) You will be setting the chart timeframe to 1 minute and the bar type to Heikin Ashi HA (a must). You can trade either micro-NQ / ES (I prefer the NQ) to start and work up to the mini contract later.
- 3) There is no need for adjusting the strategy parameters as I have locked them in to what works. You could change the aesthetics (colors, etc.) if you had to, but leaving everything in the default is really for the best.
- 4) I have spent hours, days, and nearly a year fine tuning everything so that you just need to wait, watch, and take the trades when signaled.
- 5) The signals will show trade entry, target levels, and stop loss level in real time and will adjust to market conditions.
- 6) Trading rules and the "system" will be explained in the tutorial videos in further detail. Everything is actually very simple and designed for creating a trading environment that has no guesswork or "what to do now" setups. Just study what I teach in the tutorials and implement with success.

# Trading Rules and the Strategy:

Because the market moves in waves, there are times of the day where the big money (institutions) come in and the market moves are greatly increased. Volatility that becomes part of the chart patterns and are what is needed to make money. Trending, if even only for 10-15 minutes, will produce amazing results, where as slower range bound trading creates unreliable and frustrated trading.

Therefore, the times of day we trade needs to be optimized to capture these bigger moves. The NY open for the first 2 hours is actually the very best of these times. The first few minutes of the open we should wait and let the “orders on open” settle in. There can be big whipsaw candles during the very few minutes of the open and that is why many trading systems are based on the opening range breakout (ORB) whether 5 or 15 mins. Our system is NOT based on the ORB, I just wait a few minutes for things to settle in.

The QN strategy has parameters that show the trend of the market by the background color changes and where the signals will generate. If the background turns green, we will be going long and when changing red we will be going short or reversing our trades. This visual background color change will be easy to follow and the signals it generates will be Highly Accurate.

Without getting too technical, the QN Strategy is based on Moving Averages, Average True Range, Momentum, Trading Volume, and a number of other deciding factors which are built right into it. It has not only been tested & traded by myself at nauseum, it delivers signals that are accurate up to 70%+.

The rest of the strategy is knowing what to do with it and following the simple rules. I built this trading strategy for myself, and trade using it daily. I manually traded this way for over 25 years but with the help of AI, was able to benefit by the automation programmed.

## What You Will Be Getting with QN:

There are 3 parts to the QN Indicators and Strategy.

- 1) QN Strategy Indicator
- 2) QN ATR / MFI Indicator
- 3) QN Volume Indicator

**Part One: The QN Strategy/Indicator:** This will be your main indicator and what you will watch in your main chart area. When the inner dynamics of the strategy line up, it will produce trade signals on the chart you choose (I trade the NQ), the time frame to trade (I use the 1 minute), and will produce 4-10+ signals on average during the first 2-4 hours of the trading day and more through the day. A signal is produced when a background color changes from green to red and vice-versa, the ATR is at a level for achieving maximum results, and other proprietary identifiers trigger. You will easily spot the signal with a label and price point that is color coded with an arrow, and produces an orange triangle at the entry point (close of HA previous candle) Take the trade immediately, and place a hard stop or mental/visual stop and adhere to it always!

At first, you may want to stick to the first 2 hours of the trading day as this will produce the most solid and tradeable candles with the highest of volume. Many times, the first one or two trades will produce your days profit goal and you can stop trading and enjoy the rest of the day. Remember, the more trades you take the longer you are exposed to the market, the more chance of losing a trade. Futures are a zero-sum game, and what I mean is one trader wins and the other loses as you are trading against each other. Don't hang around to let winners turn into losers. Exposure should be limited to time in the market. The less time you are in trades is always better in the long run. Lock up your winnings and come back another day to trade. We are not trading futures to sit in a trade all day. When the signal stops are triggered, you MUST get out.

**Part Two: The QN ATR/MFI Indicator:** This indicator tracks Average True Range and the Money Flow in real time and is designed as another tool for visual reference as to exactly what the market is doing at the moment.

The ATR or (average true range) measures the average range of the price fluctuations over a specific time period of the bars and adjusts the parameters within the QN to allow for the volatility and momentum in the marketplace. When the ATR is low like 3 or 4, the bars are small and may or not be large enough to trigger trade signals where as when it is larger (like at opens or high trading activity) like 10-20-30 or more (NQ can have 50+ point bars regularly), trades will trigger and offer up great profit opportunities. My ATR indicator fuels the targets and stops to make for accurate trading in real time.

The MFI or (money flow index) is a technical analysis oscillator using 0-100 that incorporates price and volume in order to measure buying/selling pressure. Levels above 85 are

considered overbought and below 15 oversold and can often indicate trend reversals and divergences. A rising MFI of say over 50+ will turn green and show strength, a grey color will be more neutral, and a red color will show money coming out of trades. This visual indicator is used as a gauge to the strength of the market in real time.

**Part Three: The QN Volume Indicator:** Volume indicators do just what they say. They measure the number of contracts traded during a specific period, and help with assessing market strength, confirming current trends, and identifying potential reversals of price fluctuations over a specific time period. (1 minute) in my case. However, mine is a bit more fine-tuned than most standard volume indicators and is extremely helpful for trading the strategy. High volume typically signals high conviction, confirming price moves, while low volume suggests weakness or exhaustion. My indicator shows Current Vol., Average Vol., and Relative Volume with color coding. Refer to the training for more info on the Rel. Vol. and its importance.

## Final Thoughts and Trading Help

Unfortunately, it is simply impossible to teach you everything about the futures market in this short eBook. That knowledge is learned & absorbed by months and years of trading daily. I will though give you some major tips I have found to be excellent and will open your eyes to the overall marketplace. Some will be obvious if you've traded for anytime at all. Others will be things I learned along the way. These are all recent and working now at the end of 2025. They are not in any special order, just listed for

review and to help in your overall journey to steady and long-lasting profitability:

**Patience** – wait for the signals to trigger, and do not enter early even though you may be able to read or see a reversal coming. The background color change will tell you when all this are lined up to proceed with a new trade. This rule is hard fast for successful trading. As experience & time in the market is gained you may anticipate a reversal (bars starting to curl, volume decreasing, bars color changing, etc.) but many times the trend will continue and not reverse. Just wait for the signal. In the long run, your profits will grow.

**Trading Highs or Lows** – the idea that the market has gone up (or down) too far and it's "got to reverse" is not a reason to enter a trade EVER! Never try to pick tops or bottoms because the markets momentum pushed into these extremes and the trend most likely will continue. I see traders going short because the market went up so much and I have to laugh. That kind of thinking does not work. Sure, at some point the wave will turn but just putting on a trade to try to catch the top in the runup will not work in the long run.

**FOMO | GREED** – same thing here. If a trade is already going and you missed the entry, never just jump in to try to get a piece of what should have been caught at the beginning. Fear of Missing Out is a killer of traders. Same with being Greedy and staying in a trade to try to capture every last tick. These habits must be controlled and stopped. There is always another trade coming around the corner. The markets will always be here. Missing a trade or getting out with a nice profit early are good things and will make you a better trader.

**Always Use a Stop Loss** - managing the risk associated with trading is the number one concern. As I said earlier, it's not about how much you make (the winners will come pretty easy with the QN system) it's really about how much you lose. Meaning, accounts are blown by having huge losses. Don't stay in trades past a stop area or add to a loser thinking it will come back. This habit kills traders and their accounts. Blown accounts are almost always from big losses and not managing risk. Leverage is what make us money in the futures market but losses will always be there and they must be watched carefully. You do not have to be right every trade (and you won't be) so manage how much you lose on those trades and the profits will build quickly over time. **Focus on Risk (not reward) Always.**

**Position Size (minis vs. micros)** – always begin trading with micros. You can work up to minis once you are consistent. No rush here. 3-4 micros can produce BIG results so start with 1 or 2 and progress as you become experienced. Again, no rush to size. “Size matters” is not something we need to say here. You can make plenty of money with smaller size and many times it's just so much easier. Less stress and emotions trading a 1-2 lot.

**Three Losing Trades in a Row** – This is a rare situation, unless you are not following what I am teaching here, but it could happen. If so, quit trading for the day. Turn the machine off and close your broker account(s). Choppy makers happen at times and although the QN metrics will filter out most of it, trades may be taken and losses do occur. Anyone saying otherwise is not a real trader. You may find yourself trading when you're not feeling good or sick, have emotional baggage hanging over you, or any number of other outside influences. If it's not going your way you must quit, and live to trade another

day. Sometimes a day or longer rest or reset after sustained trading losses is just what we all need.

**Watch Other Indices & Overall Market** – Don't become myopic and only pay attention to the market you are trading. Futures Markets move in waves and so do stocks and other instruments. If I am trading the NQ, I also watch the ES, YM, and RTY for what they are doing. There is usually a leader who is showing the way things will be headed. This is a skill that takes time to learn but will help in your overall trading decisions. (more about this in tutorials) The NQ is headed up by only about seven or so high flyers, and they should be watched for strength or weakness during the day. Especially NVIDIA. This stock is a major part of the Nasdaq and has a giant market cap. Actually, at the time of this writing, NVIDIA can control and run lockstep with the NQ futures direction and almost control it by itself. Others to watch: Apple, Tesla, Microsoft, Amazon, Google and Broadcom (AVGO). Also, the Technology sector as a whole.

**Wrap Up** – I don't want to inundate you with too much information overload here. These are just a few things to pay attention to. By simply following the rules outlined herein and the tutorial videos with the Quantum Navigator Strategy and Indicators, you should be extremely profitable. Don't get overly concerned with all the nuances right now. Just follow the signals when they appear, execute the trades, mind the stop losses and risk, and watch how effective and profitable your trading can be.

Thanks again and welcome to QN!



Brian F Adams

P.S. Don't have the QN Strategy & Indicators yet?  
Well, you found my eBook, now get the complete system here:

[Quantum Navigator](#)